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PRO COMP SUSPENSION

Suspension Systems that Work!

IMPORTANT: This kit is designed to be used in conjunction with pitman arm (YJ 400) and track bar (JTB 400). These parts must be purchased separately.

**PART# 55300
97-06 Jeep TJ Front
Track Bar Drop
Bracket
Kit**

This document contains very important information that includes warranty information and instructions for resolving problems you may encounter. Please keep it in the vehicle as a permanent record.

Introduction:

- ◆ This installation requires a professional mechanic!
- ◆ We recommend that you have access to a factory service manual for your vehicle to assist in the disassembly and reassembly of your vehicle. It contains a wealth of detailed information.
- ◆ Ensure that your work space is of adequate size and the work surface is level. Place the vehicle in neutral. Place your floor jack under the front cross member and raise vehicle. Place jack stands under the frame rails behind the front wheel wells and lower the frame onto the stands. Remove the jack and place the vehicle back in gear, set the emergency brake, and place blocks both in front and behind the rear wheels.
- ◆ Prior to installation, carefully inspect the vehicle's steering and driveline systems paying close attention to the tie rod ends, ball joints, wheel bearing preload, pitman and idler arm. Additionally, check steering-to-frame and suspension-to-frame attaching points for stress cracks. The overall vehicle must be in excellent working condition. Repair or replace all worn or damaged parts!
- ◆ Read the instructions carefully and study the illustrations before attempting installation! You may save yourself a lot of extra work.
- ◆ Check the parts and hardware against the parts list to assure that your kit is complete. Separating parts according to the areas where they will be used and placing the hardware with the brackets before you begin will save installation time.
- ◆ Check the special equipment list and ensure the availability of these tools.
- ◆ Secure and properly block vehicle prior to beginning installation.
- ◆ ALWAYS wear safety glasses when using power tools or working under the vehicle!
- ◆ Use caution when cutting is required under the vehicle. The factory undercoating is flammable. Take appropriate precautions. Have a fire extinguisher close at hand.
- ◆ Foot pound torque readings are listed on the Torque Specifications chart at the end of the instructions. These are to be used unless specifically directed otherwise. Apply thread lock retaining compound where specified.
- ◆ *Please note that while every effort is made to ensure that the installation of your Pro Comp lift kit is a positive experience, variations in construction and assembly in the vehicle manufacturing process will virtually ensure that some parts may seem difficult to install. Additionally, the current trend in manufacturing of vehicles results in a frame that is highly flexible and may shift slightly on disassembly prior to installation. The use of pry bars and tapered punches for alignment is considered normal and usually does not indicate a faulty product. However, if you are uncertain about some aspect of the installation process, please feel free to call our tech support department at the number listed on the cover page. We do not recommend that you modify the Pro Comp parts in any way as this will void any warranty expressed or implied by the Pro Comp Suspension company.*
- ◆ Check the parts and hardware against the parts list to assure that your kit is complete.
- ◆ Always use new cotter pins (these items are not supplied) when replacing them.

PART #	DESCRIPTION	QTY.	ILLUS.	PAGE
90-3580	TRACK BAR DROP BRACKET	1	1,2	4
90-6487	HARDWARE PACK: Track Bar Drop Bracket	1	-	-
70-0503751800	1/2" X 3 3/4" GR.8 HEX BOLT	2	1,2	4
72-050100816	1/2" STOVER NUTS	4	1,2	4
73-05000030	1/2" FLAT WASHER	8	1,2	4
70-0502501800	1/2" X 2 1/2" GR.8 HEX BOLT	1	1,2	4
70-0502001800	1/2" X 2" GR.8 HEX BOLT	1	1,2	4
90-2603	TRACK BAR SLEEVE	1	-	-
90-2736	TRACK BAR BRACKET SPACER: (.625" X .700)	1	-	-

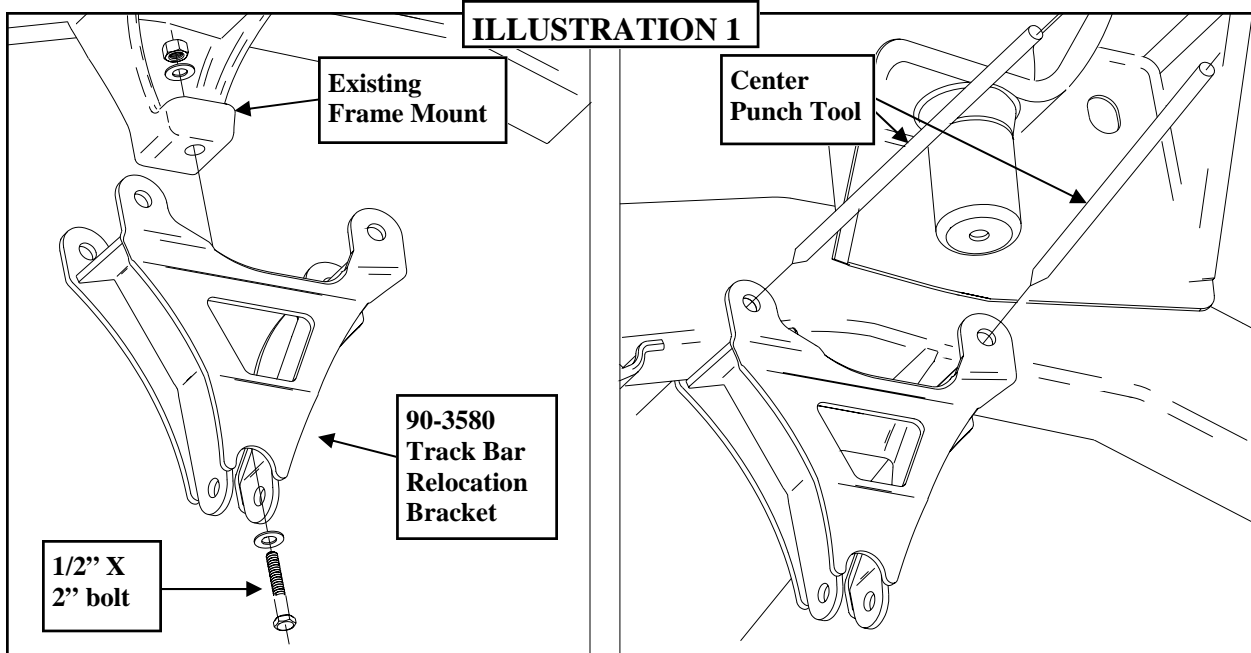
INSTALLATION INSTRUCTIONS:

1. Ensure that your work space is of adequate size and the work surface is level. Place the vehicle in park.
2. Unbolt the sway bar from the sway bar end links on both sides of the vehicle.
3. Unbolt the track bar from the frame mount.

NOTE: If you have not previously installed track bar (JTB 400), unbolt and remove the factory track bar from the vehicle. Install the new track bar (JTB 400) into the front differential mount.
4. Unbolt the drag link from the tie rod.
5. Unbolt the lower shock bolt on the driver's side of the vehicle only.
6. Place your floor jack under the front frame rail, just behind the body mount, and raise vehicle. Place jack stands under the frame rails behind the front wheel wells and lower the frame onto the stands. Remove the jack and set the emergency brake, and place blocks both in front of and behind the rear wheels. Remove the driver's side wheel only.
7. Remove the front driver's side spring.
8. Unbolt and remove the pitman arm.

NOTE: Only remove the pitman arm if you have not previously installed pitman arm (YJ 400).
9. Unbolt the bump stop and bump stop drop on the driver's side.
10. Install the track bar bracket (90-3580) using the 1/2" X 2" bolt in the lower mounting hole. See ILLUSTRATION 1.

NOTE: If you have previously drilled the OE lower hole out to 5/8" install the provided sleeve (90-2736) in this hole.
11. With the Track bar bracket (90-3580) bolted in place, use the two upper holes as guide holes to mark the frame for drilling. See ILLUSTRATION 1.
12. Center punch the previously made marks in the frame and drill out to 1/2". See ILLUSTRATION 2.
13. Secure the upper holes of the bracket using the 1/2" X 3 3/4" bolts and hardware. See ILLUSTRATION 2.
14. Reinstall the bump stop and bump stop

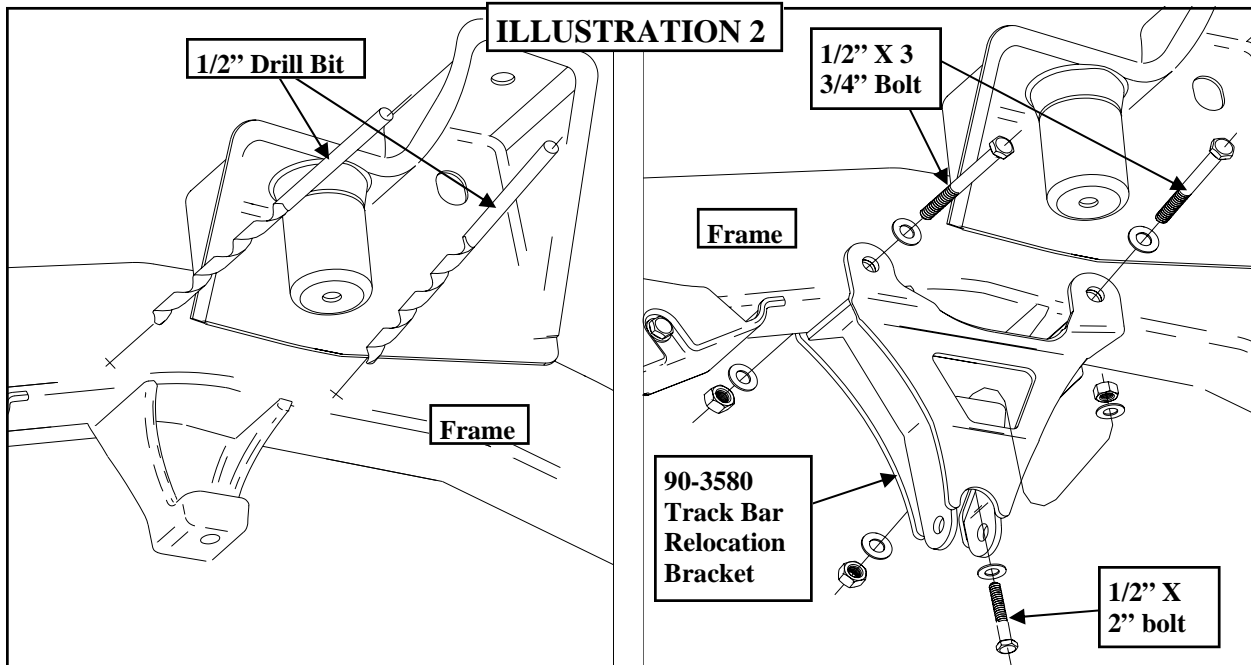


drop on the driver's side using the previously removed hardware

15. Install the pitman arm (YJ 400). Torque to factory specifications.
16. Reinstall the driver's side coil spring.
17. Reinstall the drag link to the tie rod.
18. Re-bolt the driver's side lower shock mount to the front axle.
19. Insert the sleeve (90-2603) into the rod

end of the track bar (JTB 400). **NOTE:** *The sleeve may be a tight fit and may need to be pressed in.*

20. Bolt the track bar to the newly installed track bar bracket (90-3580). Secure using the provided 1/2" X 2 1/2" bolt and hardware.
21. Reinstall the driver's side wheel and lower the vehicle. Torque the lug nuts to manufacturer's specifications.



22. Reattach the sway bar to the sway bar end links.
23. Torque all hardware according to the torque chart on page 5 or the manufacturers specifications.

NOTES:

- ⇒ **After 100 miles recheck for proper torque on all newly installed hardware.**
- ⇒ **Recheck all hardware for tightness after off road use.**

Use this only as a guide for hardware without a called out torque specification in the instruction manual.

Bolt Torque and ID						
Decimal System			Metric System			
All Torques in Ft. Lbs. Maximums						
Bolt Size	Grade 5	Grade 8	Bolt Size	Class 9.8	Class 10.9	Class 12.9
5/16	15	20	M6	5	9	12
3/8	30	45	M8	18	23	27
7/16	45	60	M10	32	45	50
1/2	65	90	M12	55	75	90
9/16	95	130	M14	85	120	145
5/8	135	175	M16	130	165	210
3/4	185	280	M18	170	240	290

1/2-13x1.75 HHCS

Grade 5 Grade 8
(No. of Marks + 2)

G = Grade (Bolt Strength)
D = Nominal Diameter (Inches)
T = Thread Count (Threads per Inch)
L = Length (Inches)
X = Description (Hex Head Cap Screw)

M12-1.25x50 HHCS

P = Property Class (Bolt Strength)
D = Nominal Diameter (Millimeters)
T = Thread Pitch (Thread Width, mm)
L = Length (Millimeters)
X = Description (Hex Head Cap Screw)

Notice to Owner operator, Dealer and Installer:

Vehicles that have been enhanced for off-road performance often have unique handling characteristics due to the higher center of gravity and larger tires. This vehicle may handle, react and stop differently than many passenger cars or unmodified vehicles, both on and off-road. You must drive your vehicle safely! Extreme care should always be taken to prevent vehicle rollover or loss of control, which can result in serious injury or even death. Always avoid sudden sharp turns or abrupt maneuvers and allow more time and distance for braking! Pro Comp reminds you to fasten your seat belts at all times and reduce speed! We will gladly answer any questions concerning the design, function, maintenance and correct use of our products.

Please make sure your Dealer/Installer explains and delivers all warning notices, warranty forms and instruction sheets included with Pro Comp product.

Application listings in this catalog have been carefully fit checked for each model and year denoted. However, Pro Comp reserves the right to update as necessary, without notice, and will not be held responsible for misprints, changes or variations made by vehicle manufacturers. Please call when in question regarding new model year, vehicles not listed by specific body or chassis styles or vehicles not originally distributed in the USA.

Please note that certain mechanical aspects of any suspension lift product may accelerate ordinary wear of original equipment components. Further, installation of certain Pro Comp products may void the vehicle's factory warranty as it pertains to certain covered parts; it is the consumer's responsibility to check with their local dealer for warranty coverage before installation of the lift.

Warranty and Return policy:

Pro Comp warrants its full line of products to be free from defects in workmanship and materials. Pro Comp's obligation under this warranty is limited to repair or replacement, at Pro Comp's option, of the defective product. Any and all costs of removal, installation, freight or incidental or consequential damages are expressly excluded from this warranty. Pro Comp is not responsible for damages and / or warranty of other vehicle parts related or non-related to the installation of Pro Comp product. A consumer who makes the decision to modify his vehicle with aftermarket components of any kind will assume all risk and responsibility for potential damages incurred as a result of their chosen modifications. Warranty coverage does not include consumer opinions regarding ride comfort, fitment and design. Warranty claims can be made directly with Pro Comp or at any factory authorized Pro Comp dealer.

IMPORTANT! To validate the warranty on this purchase please be sure to mail in the warranty card.

Claims not covered under warranty-

- Parts subject to normal wear, this includes bushings, bump stops, ball joints, tie rod ends and heim joints
 - Discontinued products at Pro Comp's discretion
- Bent or dented product
- Finish after 90 days
- Leaf or coil springs used without proper bump stops
- Light bulbs
- Products with evident damage caused by abrasion or contact with other items
- Damage caused as a result of not following recommendations or requirements called out in the installation manuals
- Products used in applications other than listed in Pro Comp's catalog
- Components or accessories used in conjunction with other manufacturer's systems
- Tire & Wheel Warranty as per Pro Competition Tire Company policy
- Warranty claims without "Proof of Purchase"
- Pro Comp Pro Runner coil over shocks are considered a serviceable shock with a one-year warranty against leakage only. Rebuild service and replacement parts will be available and sold separately by Pro Comp. Contact Pro Comp for specific service charges.
- Pro Comp accepts no responsibility for any altered product, improper installation, lack of or improper maintenance, or improper use of our products.

E-Mail: tech@explorerprocomp.com
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Fax: (619) 216-1474
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PLACE WARRANTY REGISTRATION NUMBER HERE: _____
